

	LUNEDI'			MARTEDI'			MERCOLEDI'			GIOVEDI'			VENERDI'			SABATO			DOMENICA		
	CHARLIE	WHISKEY	OPEN GYM TATAMI	CHARLIE	WHISKEY	OPEN GYM TATAMI	CHARLIE	WHISKEY	OPEN GYM TATAMI	CHARLIE	WHISKEY	OPEN GYM TATAMI	CHARLIE	WHISKEY	OPEN GYM TATAMI	CHARLIE	WHISKEY	OPEN GYM TATAMI	CHARLIE	WHISKEY	OPEN GYM TATAMI
6.00	.15 .30	CROSSFIT		CROSSFIT			CROSSFIT			CROSSFIT			CROSSFIT								
7.00	.15 .30	CROSSFIT		CROSSFIT			CROSSFIT			CROSSFIT			CROSSFIT								
8.00	.15 .30																				
9.00	.15 .30	CF PINK				MOBILITY CORE	CF PINK					MOBILITY CORE	CF PINK			CF PINK					
10.00	.15 .30	CROSSFIT		CROSSFIT			CROSSFIT			CROSSFIT			CROSSFIT			CROSSFIT					
11.00	.15 .30															CROSSFIT			CROSSFIT		
12.00	.15 .30	CROSSFIT					CROSSFIT			CROSSFIT											
13.00	.15 .30	CROSSFIT		CROSSFIT			CROSSFIT			CROSSFIT			CROSSFIT								
14.00	.15 .30															CROSSFIT					
15.00	.15 .30																				
16.00	.15 .30																				
17.00	.15 .30	CROSSFIT		CROSSFIT			CROSSFIT			CROSSFIT			CROSSFIT								
18.00	.15 .30	CROSSFIT		CROSSFIT			CROSSFIT			CROSSFIT			CROSSFIT								
19.00	.15 .30	CROSSFIT	PESISTICA OLY	CROSSFIT		MOBILITY CORE	CROSSFIT	PESISTICA OLY		CROSSFIT		MOBILITY CORE	CROSSFIT			BODY FIT					
20.00	.15 .30	CROSSFIT	PESISTICA OLY	CROSSFIT	KRAV MAGA	GET READY	CROSSFIT	PESISTICA OLY		CROSSFIT	KRAV MAGA	GET READY	CROSSFIT			BODY FIT					
21.00	.15 .30	CROSSFIT	GINN. ARTISTICA	CROSSFIT	GET READY	CALISTHENICS	CROSSFIT	GINN. ARTISTICA		CROSSFIT	GET READY	CALISTHENICS									
22.00	.15 .30																				